



DETAILS		
Length: 2.39 Miles	Difficulty: Easy	Elevation Gain: 111 ft.
Skill Level: All	Time to hike: 1 hour	Best Season: Spring, Fall, Winter
Trail Type: End-to-End	Trail Use: Hike only	Trail Map: Click here
Alerts: Access the trail via the Fitness Circle. This is an all-weather trail.		

FIELD NOTES

Getting there - from the Gene Snyder Freeway (I-265)

- Take I-64 to exit 23 for KY-155/Taylorsville Road
- Head East on KY-155/Taylorsville Road
- Turn right on S. Pope Lick Road, which is just before the Shell station
- Follow S. Pope Lick Road past the parking area for the soccer fields all the way back to the Administration Building, and begin your hike on the Fitness Loop.